



2012 **UMS** Spring Camp Schedule

MONDAY

- 7:30 AM** Kiss & Ride between 7:30 – 9:30 am.
Play quiet activities, games, or a movie.
- 9:30 AM** The camp begins! Learn schedule and rules.
Review manners at dojang, home & school.
- 10:30 AM** Arts & Crafts project
- 11:30 PM** Lunch & rest; supervised free time
- 1:00 PM** Taekwondo Class: a) Physical fitness activities
b) Learn about discipline
c) Practice self-defense
- 2:30 PM** a) Dodge Ball b) Jumping Contest c) P.E. Drills
- 3:30 PM** **Moon Bounce** fun games
- 4:00 PM** Organize & Clean-up Responsibility
- 4:30 PM** Camp ends – Games, quiet activities, or movie until
parents pick up before 6:20 PM

TUESDAY

- 7:30 AM** Kiss & Ride between 7:30 – 9:30 am.
Play quiet activities, games, or a movie.
- 9:30 AM** Write Letters & make cards for parents.
- 10:30 AM** **Field trip to Chuck E Cheese**
(Pizza for lunch & non-caffeinated soda)
- 3:00 PM** Return to Dojang, TKD Flying side kick and Discipline
- 4:00 PM** Organize & Clean-up Responsibility
- 4:30 PM** Camp ends – Games, quiet activity, or movie until
parents pick up before 6:20 PM

WEDNESDAY

- 7:30 AM** Kiss & Ride between 7:30 – 9:30 am.
Play quiet activities, games, or a movie.
- 9:30 AM** Line up and discipline, manner and etiquette...
- 10:30 PM** Taekwondo Class: One-step sparring & free sparring
- 11:30 AM** Lunch & head to **Park** (Sports & Hiking, Playground time too!)
- 3:30 PM** Return to Dojang, Discipline and stretching..
- 4:00 PM** Organize & Clean-up Responsibility
- 4:30 PM** Camp ends – Games, quiet activity, or movie until
parents pick up before 6:20 PM

THURSDAY

- 7:30 AM** Kiss & Ride between 7:30 – 9:30 am.
Play quiet activities, games, or a movie.
- 9:30 AM** The camp begins! Korean language.
- 10:30 AM** Tae Kwon Do Class: Respect & Discipline Training
- 11:30 AM** Lunch Time
- 12:00 PM** **Field Trip to Air & Space Museum**
- 3:30 PM** Return to Dojang, Discipline and stretching..
- 4:00 PM** Organize & Clean-up Responsibility
- 4:30 PM** Camp ends – Games, quiet activities, or movie until
parents pick up before 6:20 PM

FRIDAY

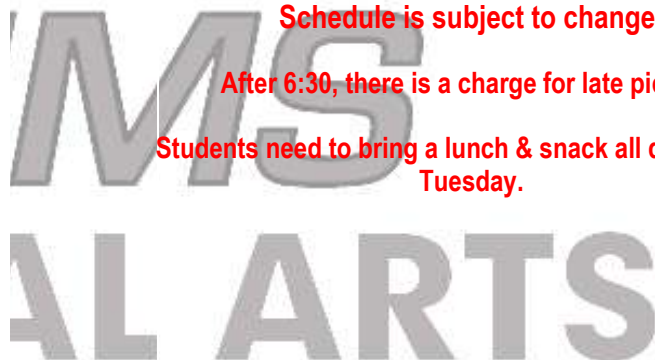
- 7:30 AM** Kiss & Ride between 7:30 – 9:30 am.
Play quiet activities, games, or a movie.
- 9:30 AM** The camp begins! Talk about discipline at home & School
- 10:30 AM** Taekwondo: Practice breaking techniques
- 11:30 AM** Lunch & head to **Park** (Sports & Hiking, Playground time too!)
- 2:30 PM** **Moon Bounce** and games on the mat!
- 3:15 PM** Taekwondo Board Breaking Technique
- 4:00 PM** Organize & Clean-up, Responsibility
- 4:30 PM** Camp ends – Games, quiet activities, or movie until
parents pick up before 6:20 PM

NOTES

Schedule is subject to change.

After 6:30, there is a charge for late pick up.

Students need to bring a lunch & snack all days except Tuesday.



• UMS 2012 Spring Camp Registration form

1. Student Name: _____ Age: _____ M / F
LAST FIRST

2. Student Name: _____ Age: _____ M / F
LAST FIRST

3. Student Name: _____ Age: _____ M / F
LAST FIRST

Guardian Name: _____ EMAIL
LAST FIRST

Address: _____
STREET APT# CITY STATE ZIP

Home Phone: _____ Work: _____ Cell: _____

Emergency Contact Name: _____
LAST FIRST RELATION

Home Phone: _____ Work: _____ Cell: _____

Any Health Conditions we need to keep in mind or medications we need to be aware of? _____

CAMP RATES - \$229 * for all 5 days or \$70* per day

There is a 10 % discount for each additional student.

*Price does not include Field Trip fee to Chuck E. Cheese: \$20 (Includes lunch & tokens)

Registration Fee **\$ 10.00** (UMS Member **NO** registration fee)

Total Camp Fee \$ _____

PLEASE	Mon.	Tue.	Wed.	Thu.	Fri.
CIRCLE	4/2	4/3	4/4	4/5	4/6

PAID cc \$ # _____

CONSENT – PLEASE READ

Waiver and Release: I, as the child(ren)'s legal guardian, fully recognize that martial arts involves strenuous physical exercise and I am fully aware of the risks of injury and/or illness inherent in participation in any fitness or martial arts program, and I have taken all reasonable steps to determine, and hereby warrant, that my child(ren) is(are) in good health and physically capable of participating in the programs and courses of instruction offered by UMS Martial Arts. I understand and agree that all participation in any such fitness program or use of UMS Martial Art's equipment or facilities on or off the premises, including field trips, shall be at our own risk. I authorize the personnel of UMS Martial Arts to transport my child(ren) to and from UMS Martial Arts in any event, and in the case of a medical emergency I authorize UMS Martial Arts to seek medical attention for the student(s) mentioned above. I also authorize the attending physician to perform any emergency treatment that is deemed necessary.

I hereby release, indemnify, and hold harmless UMS Martial Arts and its officers, directors, employees, and agents from and against any and all claims, demands, damages, costs and liabilities of any kind or any kind of nature, including attorney's fees and costs, for any injury, harm or fatalities of myself or my child(ren), or of any person(s) who become entitled to the use of the facilities of UMS Martial Arts by virtue of this agreement, or any third persons, which arise directly or indirectly out of or in virtue of our presence at UMS Martial Arts for any payment compensation or claim for any fatalities, harm or injuries sustained by our presence at UMS Martial Arts.

Loss, Damage, and Theft of Property: I understand and agree that UMS Martial Arts, its officers, directors, agents, and employees shall not be held responsible for any personal property which is damaged, lost or stolen in or around UMS Martial Arts or its facilities, or at any of UMS Martial Arts' off-premises events and field trips.

Photographic Equipment: I hereby authorize UMS Martial Arts and its directors, agents, successors, and personnel to photograph me or my child(ren) and to utilize such photographs for any commercial purpose, including but not limited to the promotion and marketing of UMS Martial Arts, and I agree that I nor any party acting on my or my child(ren)'s behalf shall not be entitled to receive any compensation whatsoever of any kind as a result of such use.

By signing below, I have read, understood and agreed to these terms and conditions above.

Guardian's Signature: _____ Date: _____